Up

A FOLK-FILLED WINTER

We're totally vibing nu-folk – nothing but Johnny Flynn and the Sussex Wit will get us through the long winter nights.

CHILDHOOD REGRESSION

Knickerbocker glories at Fortnum & Mason - we can't resist.

INTELLIGENT STYLE

Hadley Freeman's book *The Meaning of Sunglasses:* A Guide to Almost All Things Fashionable is proof, at last, that fashion can be smart and funny.

PICTURE PERFECT

We're loving photographer Darren Almond at White Cube in Hoxton (from 18 January), and film-maker Gerry Fox at the 176 gallery in Chalk Farm (from 31 January) – they're our two favourite British image-makers, like, ever.

BAROMETER

THELASTSCHMALTZ

We're boycotting Valentine's Day – it's far too cheesy an affair (although a box of Prestat's Rose and Violet Chocolate Crèmes wouldn't go amiss).

HOT-HOUSE FLOWERS

Central heating is killing off our lilies faster than you can say 'aphid'. We're upping our flower budget, pronto.

AWKWARD LOOKS

Fashion people are calling some of this season's looks 'difficult'. We're not fooled – difficult means ugly, and we're steering well clear.

SUGAR, SUGAR...

The Hummingbird Bakery has put a limit on the number of fairy cakes you can buy. Sadly, six is not nearly enough for us.

Down